



Cystadleuaeth Sgiliau Cymru
Skills Competition Wales

Inclusive Skills Competition Guidance

Inclusive Skills competitions are an opportunity for young people with disabilities and learning difficulties to challenge, benchmark and raise their skills by taking part in competitions across a range of sectors.

The Inclusive Skills Competitions available in the 2025/2026 competition cycle include:

- Food Preparation
- Restaurant Service
- Media
- Woodwork
- Horticulture
- Childcare
- Health and Social Care
- IT Software Solutions for Business
- Life Skills
- Sustainable Enterprise

Who are Inclusive Skills Competitions designed for?

Inclusive Skills Competitions are designed for learners with Additional Learning Needs (ALN).

A learner has ALN if he or she has a learning difficulty or disability which calls for additional learning provision (ALP). A person has a learning difficulty or disability if he or she:

- (a) has a significantly greater difficulty in learning than the majority of others of the same age, or
- (b) has a disability for the purposes of the Equality Act 2010 which prevents or hinders him or her from making use of facilities for education or training of a kind generally provided for others of the same age in mainstream maintained schools or mainstream institutions in the further education sector.

Learners with ALN may have difficulties in more than one area. Some examples include:

- Thinking, understanding and learning: where a learner finds all learning activities difficult, and/or has particular difficulties with some learning activities such as reading and spelling.



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- Emotional and behavioural difficulties: learners may find it difficult to follow rules or settle down and behave properly.
- Speech, language and communication: learners may have difficulty in expressing themselves or understanding what others are saying to them.
- Physical or sensory difficulties: learners may have a disability or a medical condition that has an impact upon their learning.

What Level are the Inclusive Skills Competitions?

The entry criteria for each competition may vary, however the competitions are typically designed for learners working on entry level qualifications and, where applicable, working up to Level 1. For full entry requirements for each competition the competition brief should be read in conjunction with these guidance notes. A full list of entry criteria for all competitions is found [here](#).

What are the requirements for entering an Inclusive Skills Competition?

To enter an Inclusive Skills Competition the entrant must be able to provide proof of their ALN, disability and/or learning difficulty. This is supplied through the completion of a 'Statement of Support Needs' form.

Inclusive Skills competitors must also obtain parental/guardian consent to compete in Skills Competition Wales.

What is the 'Statement of Support Needs' form?

Entrants participating in Inclusive Skills Competitions will be required to submit a Statement of Support Needs in advance of the competition day. This document aims to provide valuable information to the competition lead on the needs and requirements of the competition entrant. This will allow, where necessary, for reasonable adjustments to be made.

The terms and conditions of entry should also be read in conjunction with the guidance provided in this document. These can be found at www.inspiringskills.gov.wales/terms-and-conditions



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Canllawiau Cystadleuaeth Sgiliau Cynhwysol

Mae cystadlaethau Sgiliau Cynhwysol yn gyfle i bobl ifanc ag anableddau ac anawsterau dysgu herio, meincnodi a chodi eu sgiliau trwy gymryd rhan mewn cystadlaethau ar draws ystod o sectorau.

Mae'r Cystadlaethau Sgiliau Cynhwysol ar gael yn y 2025/26 cylch nghystadleuaethyn cynnwys:

- Arlwyyo
- Gwasanaeth Bwyty
- Cyfryngau
- Gwaith Coed
- Garddwriaeth
- Gofal Plant
- Iechyd a Gofal Cymdeithasol
- Sgiliau Bywyd
- Datrysiadau Meddalwedd TG ar gyfer: Sgiliau Sylfaen Busnes
- Menter Gynaliadwy

Pwy Cystadlaethau Sgiliau Cynhwysol a gynlluniwyd ar gyfer?

Mae Cystadlaethau Sgiliau Cynhwysol wedi'u cynllunio ar gyfer dysgwyr ag Anghenion Dysgu Ychwanegol (ADY).

Mae gan ddysgwr ADY os oes ganddo anhawster dysgu neu anabledd sy'n galw am ddarpariaeth ddysgu ychwanegol (ALP). Mae gan berson anhawster dysgu neu anabledd os yw ef:

- (a) yn cael anhawster sylweddol fwy wrth ddysgu na'r mwyafrif o bobl eraill o'r un oed, neu
- (b) ag anabledd at ddibenion Deddf Cydraddoldeb 2010 sy'n atal neu'n ei rwystro ef neu hi rhag defnyddio cyfleusterau ar gyfer addysg neu hyfforddiant o fath a ddarperir yn gyffredinol ar gyfer eraill o'r un oed mewn ysgolion prif ffrwd a gynhelir neu sefydliadau prif ffrwd yn y sector addysg bellach.

Efallai y bydd dysgwyr ag ADY yn cael anawsterau mewn mwy nag un maes. Mae rhai enghreifftiau yn cynnwys:



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- Meddwl, deall a dysgu: lle mae dysgwr yn cael yr holl weithgareddau dysgu yn anodd, a / neu'n cael anawsterau penodol gyda rhai gweithgareddau dysgu fel darllen a sillafu.
- Anawsterau emosiynol ac ymddygiadol: gall dysgwyr ei chael hi'n anodd dilyn rheolau neu setlo i lawr ac ymddwyn yn iawn.
- Lleferydd, iaith a chyfathrebu: gall dysgwyr gael anhawster i fynegi eu hunain neu ddeall yr hyn y mae eraill yn ei ddweud wrthynt.
- Anawsterau corfforol neu synhwyraidd: gall dysgwyr fod ag anabledd neu gyflwr meddygol sy'n cael effaith ar eu dysgu.

Pa Lefel yw'r Cystadlaethau Sgiliau Cynhwysol?

Gall y meini prawf mynediad ar gyfer pob cystadleuaeth amrywio, fodd bynnag mae'r cystadlaethau fel arfer wedi'u cynllunio ar gyfer dysgwyr sy'n gweithio ar gymwysterau lefel mynediad a, lle bo'n berthnasol, yn gweithio hyd at Lefel 1. Ar gyfer gofynion mynediad llawn ar gyfer pob cystadleuaeth dylid darllen briff y gystadleuaeth ar y cyd â'r rhain nodiadau canllaw. Ceir rhestr lawn o feini prawf mynediad ar gyfer pob cystadleuaeth [yma](#).

Beth yw'r gofynion ar gyfer cystadlu mewn Cystadleuaeth Sgiliau Cynhwysol?

I gystadlu mewn Cystadleuaeth Sgiliau Cynhwysol rhaid i'r ymgeisydd allu darparu prawf o'i ADY, anabledd a / neu anhawster dysgu. Darperir hyn trwy lenwi ffurflen 'Datganiad o Anghenion Cymorth'.

Rhaid i gystadluewyr Sgiliau Cynhwysol hefyd gael caniatâd rhieni / gwarcheidwad i gystadlu yng Nghystadleuaeth Sgiliau Cymru.

Beth yw'r ffurflen 'Datganiad o Anghenion Cymorth'?

Bydd yn ofynnol i ymgeiswyr sy'n cymryd rhan mewn Cystadlaethau Sgiliau Cynhwysol gyflwyno Datganiad o Anghenion Cymorth cyn diwrnod y gystadleuaeth. Nod y ddogfen hon yw darparu gwybodaeth werthfawr i arweinydd y gystadleuaeth am anghenion a gofynion ymgeisydd y gystadleuaeth. Bydd hyn yn caniatáu, lle bo angen, i addasiadau rhesymol gael eu gwneud.

Dylid darllen y telerau ac amodau mynediad hefyd ar y cyd â'r canllawiau a ddarperir yn y ddogfen hon. Gellir dod o hyd i'r rhain yn www.inspiringskills.gov.wales/terms-and-conditions



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Inclusive Skills Statement of Support Needs

Competitor name:

Competitor organisation:

Competition:

Please specify the competitor's Additional Learning Needs:

Please provide detail on any measures that should be taken to support the competitors Additional Learning Needs in this competition:

Name of supporting staff:

This should be the member of staff attending on the competition day with the competition entrant.

Email address of supporting staff:

Telephone number of supporting staff:



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Datganiad Sgiliau Cynhwysol o Anghenion Cymorth

Enw'r cystadleuydd:

Sefydliad y cystadleuwyr:

Cystadleuaeth:

Nodwch Anghenion Dysgu Ychwanegol y cystadleuydd:

Rhowch fanylion am unrhyw fesurau y dylid eu cymryd i gefnogi Anghenion Dysgu Ychwanegol y cystadleuwyr yn y gystadleuaeth hon:

Enw'r staff ategol:

Dylai hwn fod yr aelod o staff sy'n mynychu ar ddiwrnod y gystadleuaeth gyda ymgeisydd y gystadleuaeth.

Cyfeiriad e-bost y staff ategol:

Rhif ffôn y staff ategol: