Cystadleuaeth Sgiliau Cymru
Skills Competition Wales

Competition Brief

Competition Title

Inclusive Skills: Childcare

Competition Overview

A child care assistant is typically involved with the physical care of children. With infants, this involves feeding, changing, holding and comforting them. For toddlers, this may include toilet training and assisting with personal hygiene, like washing hands.

The competition comprises of 3 activities over 1 hour 50 minutes, based on child development.

Live competition heats will be held at various venues across Wales.

Entry Criteria

The competition is for those training for a career in Childcare and studying towards a Level 1 qualification with a recognised Additional Learning Need. Please ensure your entrants have the skills and competencies to complete the task.

For further guidance on Inclusive Skills competitions please review the guidance available here.

A statement of support outlining any individual needs of the participant within the competition must be submitted by 13th December 2024 along with their entry form .

Entry capacity restrictions by organisation

Maximum of up to 2 per location plus maximum of 2 reserves can be registered incase of absence.

This is the maximum number of entries permitted by an organisation for this competition. This is determined by 'location' and 'organisation'. 'Organisation' refers to the competitors' training provider/employer. 'Location' refers to a site where the competitor studies / is employed.

This competition may be subject to a selection process if competitor registration numbers

exceed the host venue capacity. Where capacity is identified in a competition the reserve competitors may be invited to compete.
The decision will be made following a consultation between Skills Competition Wales and the competition lead after registration closes. All parties will be notified of any changes.

For further guidance on these capacities, click here.

Brief

Competitors will have 10 minutes introduction to the environment to ask questions then a further 1 hour and 50 minutes to complete all three activities

Activity 1: Change a baby's nappy
Individual task: up to 30 minutes

A newborn baby needs to have their nappy changed between 10 and 12 times a day.
You have been asked to demonstrate how to change a dirty nappy (using a doll) following NHS guidelines.

You will be expected to:

- Choose all equipment needed
- Put on PPE
- Change the nappy
- Place the baby in a secure area
- Dispose of the nappy appropriately.
- Clean down the changing area.
- Wash hands following NHS guidelines .

You will be judged on health and safety and interaction with the baby and the use of incidental Welsh during the activity

Activity 2: Nutrition and Hydration activity. Choose and prepare an appropriate snack and drink for a two year old.
Individual task: up to 20 minutes

You have been asked to prepare a snack (food and drink) for a two year old child. The parents have advised you that the child has a lactose intolerance. Good hygiene is very important. A food and drink selection will be provided at each host venue.

You will need to:

- Collect equipment needed
- Wash hands.
- Take care to follow Welsh Government guidelines on nutrition and hydration for children
- Prepare items for the child
- Clean area

You will be judged on Health & safety and the appropriate items choices.

Activity 3: Plan and make a sensory musical instrument from recycled materials for an 18-month-old child.
Individual task: up to 60 minutes

You have been asked to make a musical instrument to use with a young child. Think about their senses of touch, sight and sound. You will be provided with a range of recycled/junk materials to create your instrument. You will need to answer questions (written or with Q&A) about the choices you make, it's safety and if it's appropriate for age and stage of development.

You will need to:
- Choose appropriate resources
- Create a musical instrument
- Clear up your work space
- Explain why you made your choices

You will be judged on health and safety and links to development

Previous competition briefs are available to view and download via the Skills Competition Wales website, please click here to access.

Infrastructure List
Childcare equipment will be brought to each heat.

Competition Rules
For full terms and conditions of entry and competition rules visit.

Marking and Assessment
Marking and judging of this competition will be done by a team of experts from Industry, Further Education or Training Provider, using a marking criteria and allocated marks to ensure consistency.

Activity	Description	Marks awarded
Activity 1: Changing a baby's nappy	Health and safety, equipment, interaction and care of the baby, clean down and hand washing and the use of incidental Welsh.	40%
Activity 2: Prepare snack	Health and safety, hand washing, equipment, appropriate item choices and preparation.	20%

Activity 3: Sensory musical instrument	Health and safety, appropriateness, explanation and links to development	40%
	Total	**100%**

Feedback and Recognition

Individual and group verbal feedback will be provided at the end of the competition.

No results or awards will be awarded on the day as marking will be quality assured.

All competitors will be issued with a Participation Certificate on the competition day. First, second, third and highly commended awards will be announced during the celebration event. The highly commended award recognises all competitors who have achieved above average. The celebration event will be held on Thursday 13th March 2025, further details will be communicated to competitors and their points of contact by email.

Marksheets will be available upon request via info@skillscompetitionwales.ac.uk to competitors after the celebration event.

Competition Lead

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Briff y Gystadleuaeth

Teitl y Gystadleuaeth

Sgiliau Cynhwysol: Gofal Plant

Trosolwg o'r Gystadleuaeth

Mae cynorthwyydd gofal plant fel arfer yn ymwneud â gofal corfforol plant. Gyda babanod, mae hyn yn golygu eu bwydo, eu newid, eu dal a'u cysuro. Ar gyfer plant bach, gall hyn gynnwys eu dysgu i fynd i'r tŷ bach a chynorthwyo gyda hylendid personol, fel golchi dwylo.

Bydd y gystadleuaeth yn cynnwys 3 gweithgaredd dros 1 awr 50 munud, yn seiliedig ar ddatblygiad plant.

Cynhelir rowndiau rhagbrofol byw mewn sawl lleoliad ledled Cymru.

Meini Prawf Cystadlu

Mae'r gystadleuaeth ar gyfer y rhai sy'n hyfforddi ar gyfer gyrfa mewn Gofal Plant ac yn astudio tuag at gymhwyster Lefel 1 ag Angen Dysgu Ychwanegol cydnabyddedig.

Am arweiniad pellach ar gystadlaethau Sgiliau Cynhwysol, edrychwch ar y canllawiau sydd ar gael yma.

Am ganllawiau ar gyfer Sgiliau Cynhwysol Rhaid cyflwyno datganiad o gymorth yn amlinellu unrhyw anghenion unigol gan y cyfranogwr o fewn y gystadleuaeth erbyn 13 Rhagfyr 2024 ynghyd â'r ffurflen gais.

Cyfyngiadau capasati mynediad fesul sefydliad

Uchafswm o hyd at 2 o bob lleoliad a gellir cofrestru uchafswm o 2 wrth gefn rhag ofn absenoldeb. Dyma uchafswm y nifer o gystadleuwyr a ganiateir o un sefydliad ar gyfer y gystadleuaeth hon.
Caiff hyn ei benderfynu ar sail 'lleoliad' a 'sefydliad'. Mae'r 'sefydliad' yn cyfeirio at ddarparwr/cyflogwr hyfforddi'r cystadleuwyr. Mae'r 'lleoliad' yn cyfeirio at safle ble mae'r cystadleuydd yn astudio / cael ei gyflogi.

Gall y gystadleuaeth hon fod yn destun proses ddethol os yw'r niferoedd cofrestru cystadleuwyr yn fwy na chapasiti'r lleoliad cynnal. Lle nodir bod capasiti ar gyfer y gystadleuaeth, gellir gwahodd cystadleuwyr wrth gefn i gystadlu.
Bydd y penderfyniad yn cael ei wneud yn dilyn ymgynghoriad rhwng Cystadleuaeth Sgiliau Cymru ac arweinydd y gystadleuaeth ar ôl i'r cofrestru gau. Bydd pob parti yn cael gwybod am unrhyw newidiadau.

I gael rhagor o arweiniad ar y capasiti hyn, cliciwch yma.

Briff

Bydd y cystadleuwyr yn cael cyflwyniad 10 munud gyda chyfle i ofyn cwestiynau ac yna bydd 1 awr a 50 munud arall ar gyfer cwblhau'r tri gweithgaredd

Gweithgaredd 1: Newid cewyn babi
Tasg unigol: hyd at 30 munud

Mae angen newid cewyn babi newydd-anedig rhwng 10 a 12 gwaith y dydd.
Gofynnir i chi ddangos sut i newid cewyn budr (gan ddefnyddio dol) yn dilyn canllawiau'r GIG.

Bydd disgwyl i chi:

- Ddewis yr holl offer sydd ei angen
- Gwisgo cyfarpar diogelu personol (PPE)
- Newid y cewyn
- Rhoi’r babi mewn man diogel
- Cael gwared â’r cewyn mewn ffordd addas.
- Glanhau’r man newid.
- Golchi eich dwylo gan ddilyn Canllawiau’r GIG .

Byddwch yn cael eich beirniadu ar iechyd a diogelwch a rhyngweithio gyda’r babi a defnydd o Gymraeg achlysurol yn ystod y gweithgaredd

Gweithgaredd 2: Gweithgaredd Maeth a Hydradu (*Hydration*).
Dewiswch ac ewch ati i baratoi byrbryd a diod priodol ar gyfer plentyn dwy flwydd oed. Tasg unigol: hyd at 20 munud

Rydych wedi cael eich gofyn i baratoi byrbryd (bwyd a diod) ar gyfer plentyn dwy flwydd oed. Mae'r rhieni wedi eich cynghori bod gan y plentyn anoddefiad lactos (*lactose intolerance*). Mae hylendid da yn bwysig iawn. Bydd dewis o fwyd a diod ar gael ym mhob lleoliad cystadlu.

Mae angen i chi:
Gasglu’r offer sydd ei angen
Golchi dwylo.
Cymryd gofal i ddilyn canllawiau Llywodraeth Cymru ar faeth a hydradu i blant
Paratoi eitemau ar gyfer y plentyn

Glanhau’r ardal

Byddwch yn cael eich beirniadau ar Iechyd a Diogelwch a’ch dewis o eitemau priodol.

Gweithgaredd 3: Cynllunio a gwneud offeryn cerdd synhwyraidd o ddeunyddiau wedi'u hailgylchu ar gyfer plentyn 18 mis oed.
Tasg unigol: hyd at 60 munud

Gofynnir i chi wneud offeryn cerdd i'w ddefnyddio gyda phlentyn ifanc. Meddyliwch am eu synhwyrau cyffwrdd, golwg a sain. Rhoddir amrywiaeth o ddeunyddiau wedi'u hailgylchu/hen bethau i chi i greu eich offeryn. Bydd angen i chi ateb cwestiynau (ysgrifenedig neu ar ffurf cwestiwn ac ateb) am y dewisiadau a wnewch - ei ddiogelwch, a yw'n briodol ar gyfer yr oedran a chyfnod datblygu.

Bydd angen i chi:
- Ddewis adnoddau priodol
- Creu offeryn cerdd
- clirio eich man gwaith
- esbonio pam y gwnaethoch eich dewisiadau

Cewch eich beirniadu yn seiliedig ar iechyd a diogelwch a chyswllt â datblygiad

Mae briffiau cystadleuaeth flaenorol ar gael i'w gweld a'u llwytho o’r wefan Cystadleuaeth Sgiliau Cymru, cliciwch yma i gael mynediad iddynt.

Rhestr Seilwaith
Bydd offer gofal plant yn cael ei ddarparu ym mhob rhagbrawf.

Rheolau’r Gystadleuaeth
Am yr holl delerau ac amodau ynghylch ymgeisio a rheolau cystadlu ewch i

Gweithgaredd	Disgrifiad	Marciau a ddyfarnwyd
Gweithgaredd 1: Newid cewyn babi	Iechyd a diogelwch, offer, rhyngweithio a gofalu am y babi, glanhau a golchi dwylo a defnyddio'r Gymraeg yn achlysurol.	**40%**
Gweithgaredd 2: Paratoi byrbryd	Iechyd a diogelwch, golchi dwylo, offer, dewis eitemau yn briodol a’u paratoi.	**20%**
Gweithgaredd 3: Offeryn cerdd synhwyraidd	Iechyd a diogelwch, priodoldeb, esboniad a chysylltiadau â datblygiad	**40%**
	Cyfanswm	**100%**

Adborth a Chydnabyddiaeth

Darperir adborth llafar yn unigol ac mewn grŵp ar ddiwedd y gystadleuaeth.

Ni fydd unrhyw ganlyniadau na gwobrau yn cael eu rhoi ar y diwrnod gan y bydd y marcio'n cynnwys elfen sicrwydd ansawdd.

Bydd pob cystadleuydd yn cael Tystysgrif Cyfranogi ar ddiwrnod y gystadleuaeth. Bydd gwobrau cyntaf, ail, trydydd a chanmoliaeth uchel yn cael eu cyhoeddi yn ystod y digwyddiad dathlu. Mae'r wobr canmoliaeth uchel yn cydnabod yr holl gystadleuwyr sydd wedi cyflawni sgôr uwch na'r cyfartaledd. Cynhelir y digwyddiad dathlu ar Dydd Iau 13 Mawrth 2025 , bydd manylion pellach yn cael eu rhoi i gystadleuwyr a'u pwyntiau cyswllt trwy e-bost.

Bydd taflenni marciau ar gael ar gais drwy info@skillscompetitionwales.ac.uk i gystadleuwyr ar ôl y digwyddiad dathlu.

Arweinydd y Gystadleuaeth

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