



Cystadleuaeth Sgiliau Cymru
Skills Competition Wales

Inclusive Skills Competition Guidance

Inclusive Skills competitions are an opportunity for young people with barriers to learning, disabilities or additional learning needs (ALN) to challenge, benchmark and raise their skills by taking part in competitions across a range of sectors.

The Inclusive Skills Competitions available in the 2025/2026 competition cycle include:

- Food Preparation
- Restaurant Service
- Media
- Woodwork
- Horticulture
- Childcare
- Health and Social Care
- IT Software Solutions for Business
- Life Skills
- Sustainable Enterprise

What are the requirements for entering an Inclusive Skills Competition?

To enter an Inclusive Skills Competition the entrant must be studying on an entry level qualification or working up to Level 1 and; able to provide proof of their barrier to learning, disability and/or learning difficulty.

This information should be supplied during the registration process. The Registration Guide [available here](#) highlights the information required at the time of registration. The collection of this data aims to provide valuable information to the competition lead on the needs and requirements of the competition entrant. This will allow, where necessary, for reasonable adjustments to be made.

Inclusive Skills competitors must also obtain parental/guardian consent to compete in Skills Competition Wales, despite age.

What Level are the Inclusive Skills Competitions?

The entry criteria for each competition may vary, however the competitions are typically designed for learners working on entry level qualifications and, where applicable, working up to Level 1. For full entry requirements for each competition

the competition brief should be read in conjunction with these guidance notes. A full list of entry criteria for all competitions is found here.

Definition of Additional Learning Needs and Disabilities

Following the Equality Act 2010 and the ALN Code For Wales 2021, ALN can be described as:

2 Additional learning needs

- (1) A person has additional learning needs if he or she has a learning difficulty or disability (whether the learning difficulty or disability arises from a medical condition or otherwise) which calls for additional learning provision.
- (2) A child of compulsory school age or person over that age has a learning difficulty or disability if he or she—
 - (a) has a significantly greater difficulty in learning than the majority of others of the same age, or
 - (b) has a disability for the purposes of the Equality Act 2010 which prevents or hinders him or her from making use of facilities for education or training of a kind generally provided for others of the same age in mainstream maintained schools or mainstream institutions in the further education sector.
- (3) A child under compulsory school age has a learning difficulty or disability if he or she is, or would be if no additional learning provision were made, likely to be within subsection (2) when of compulsory school age.
- (4) A person does not have a learning difficulty or disability solely because the language (or form of language) in which he or she is or will be taught is different from a language (or form of language) which is or has been used at home.

Support available for learners with barriers to learning, ALN or disabilities

It is important to note that a competitor may have a diagnosis of ALND but may not require elements of additional support to access competitions.

Alternatively a competitor may have ALND that requires support greater than their peers - this would be evidenced by an Individual Development Plan (IDP), Educational Health Care Plan (EHCP) or Work Based Learning support plan.

In cases where a competitor with ALND states they require support in order to take part in competitions we ask that we are made aware of the support required upon registration and the rationale for the support that is to be provided.

Further details on the support available to learners is [available here](#)

The terms and conditions of entry should also be read in conjunction with the guidance provided in this document. These can be found at www.inspiringskills.gov.wales/terms-and-conditions



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Canllawiau Cystadlaethau Sgiliau Cynhwysol

Mae cystadlaethau Sgiliau Cynhwysol yn gyfle i bobl ifanc sydd â rhwystrau i ddysgu, anableddau neu anghenion dysgu ychwanegol (ADY) herio, meincodi a gwella eu sgiliau trwy gymryd rhan mewn cystadlaethau ar draws ystod o sectorau.

Mae'r Cystadlaethau Sgiliau Cynhwysol sydd ar gael yng nghylch cystadleuaeth 2025/2026 yn cynnwys:

- Paratoi Bwyd
- Gwasanaeth Bwytai
- Cyfryngau
- Gwaith coed
- Garddwriaeth
- Gofal plant
- Iechyd a Gofal Cymdeithasol
- Datrysiaid Meddalwedd TG ar gyfer Busnes
- Sgiliau Bywyd
- Menter Gynaliadwy

Beth yw'r gofynion ar gyfer cymryd rhan mewn Cystadleuaeth Sgiliau Cynhwysol?

Er mwyn cymryd rhan mewn Cystadleuaeth Sgiliau Cynhwysol, rhaid i'r ymgeisydd fod yn astudio ar gymhwyster lefel mynediad neu'n gweithio hyd at Lefel 1 ac; yn gallu darparu prawf o'u rhwystr i ddysgu, anabledd a/neu anhawster dysgu.

Dylid darparu'r wybodaeth hon yn ystod y broses gofrestru. Mae'r Canllaw Cofrestru sydd ar [gael yma](#) yn tynnu sylw at yr wybodaeth sydd angen ei rhoi wrth gofrestru. Nod casglu'r data hwn yw rhoi gwybodaeth werthfawr i arweinydd y gystadleuaeth am anghenion a gofynion y cystadleuydd. Bydd hyn yn caniatáu, lle bo angen, i addasiadau rhesymol gael eu gwneud.

Rhaid i gystadleuwyr Sgiliau Cynhwysol hefyd gael caniatâd rhieni/gwarcheidwad i gystadlu yng Nghystadleuaeth Sgiliau Cymru, er gwaethaf eu hoedran.

Pa lefel yw'r Cystadlaethau Sgiliau Cynhwysol?

Gall y meini prawf mynediad ar gyfer pob cystadleuaeth amrywio, fodd bynnag, mae'r cystadlaethau fel arfer wedi'u cynllunio ar gyfer dysgwyr sy'n gweithio ar gymwysterau lefel mynediad a, lle bo hynny'n berthnasol, yn gweithio hyd at Lefel 1.

I weld gofynion mynediad llawn pob cystadleuaeth, dylid darllen briff y gystadleuaeth ar y cyd â'r nodiadau canllaw hyn. Mae rhestr lawn o feini prawf mynediad pob cystadleuaeth i'w gweld yma.

Y Diffiniad o Anghenion Dysgu Ychwanegol ac Anableddau

Yn dilyn Deddf Cydraddoldeb 2010 a Chod ADY Cymru 2021, gellir disgrifio ADY fel:

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Y cymorth sydd ar gael i ddysgwyr sydd â rhwystrau i ddysgu, ADY neu anableddau

Mae'n bwysig nodi y gall cystadleuydd fod â diagnosis o Anghenion Dysgu Ychwanegol ac Anableddau ond efallai na fydd angen elfennau o gymorth ychwanegol arno/arni i gael mynediad at gystadlaethau.

Fel arall, efallai y bydd gan gystadleuydd Anghenion Dysgu Ychwanegol ac Anableddau sy'n gofyn am fwy o gymorth na'i gyfoedion - byddai tystiolaeth am hyn yn y Cynllun Datblygu Unigol, Cynllun Addysg, Iechyd a Gofal neu gynllun cymorth Dysgu Seiliedig ar Waith.

Mewn achosion lle mae cystadleuydd gydag Anghenion Dysgu Ychwanegol ac Anableddau yn nodi bod angen cymorth arnynt er mwyn cymryd rhan mewn cystadlaethau, gofynnwn ein bod yn cael gwybod am y cymorth sydd ei angen arnynt wrth gofrestru a'r rheswm dros y cymorth sydd i'w ddarparu.

Mae rhagor o fanylion am y cymorth sydd ar gael ar gyfer dysgwyr i'w [gael fan hyn](#)

Hefyd, dylid darllen y telerau ac amodau ar gyfer ymgeisio ar y cyd â'r canllawiau a ddarperir yn y ddogfen hon. Mae'r rhain i'w gweld yn www.inspiringskills.gov.wales/terms-and-conditions