



Cystadleuaeth Sgiliau Cymru
Skills Competition Wales

Competition Brief

Competition Title

Child Care

Competition Overview

A child care assistant is typically involved with the physical care of children. With infants, this involves feeding, changing, holding and comforting them. For toddlers, this may include toilet training and assisting with personal hygiene, like washing hands. They are also involved in supporting children's holistic development.

The competition will comprise of four activities over 2 hours 50 minutes, based on child development and learning through play.

Live competition heats will be held at various venues across Wales.

Entry Criteria

The competition is for those training for a career in Childcare and studying towards a Level 3 qualification.

Please ensure your entrants have the skills and competencies to complete the task.

Entry capacity restrictions by organisation

Maximum of up to 2 per location plus maximum of 2 reserves can be registered in case of absence..

This is the maximum number of entries permitted by an organisation for this competition.

This is determined by 'location' and 'organisation'. 'Organisation' refers to the competitors' training provider/employer. 'Location' refers to a site where the competitor studies / is employed. For further guidance on these capacities, click [here](#)

Brief

The competition consists of four activities, throughout which there should be a dimension of Equality, Diversity and Welsh Language.



Activity 1: Bath a baby

Individual task: up to 30 minutes

You have started a new job working with a health visitor. Following NHS guidelines, demonstrate and inform a new parent how to bathe a newborn baby . All the equipment will be provided for you.

You will be judged on your interaction with the baby, health & safety and the setting up and clearing away of equipment

Activity 2: Reading a story

Individual task: up to 20 minutes

You have been asked to read a book during story time to a small group of children. The book will be suitable for children aged 3-5 years. You will be expected to create storytelling props and bring them along with you on the day (see activity 3). You have a choice of the following books and will need to choose one of the following:

- 'We're going on a Bear Hunt' by Michael Rosen and Helen Oxenbury
- 'The Very Hungry Caterpillar' by Eric Carle

Books will be available in Welsh and English

Judging will include your introduction and ending of the book, tone, pace, interaction with 'children' and questioning as well as your use of the storytelling props you have created. If you are not reading through Welsh Medium then you will be expected to use some incidental Welsh when telling your story.

Activity 3: Complete an activity plan (based on the storytelling props you made to support the children's picture book you read for Activity 2.

Individual task: up to 30 minutes (30 minutes activity planning)

You are a childcare worker who has been given the task of creating a range of props to use with children, aged 3-5 years, during storytelling sessions. The theme of the task is a children's picture book (the book you would have read in activity 2). The props should help develop the children's literacy or numeracy skills and should be completed BEFORE the event as you will need to bring them with you on the day of competition. **On the day of competition**, you will need to support your choices of props by completing an activity planning sheet which will explain how your props will support development.

Judging will include appropriateness of the resources you make, health & safety and your planning for Cross curricula development links to areas of learning within the Foundation Phase curriculum

Activity 4: Plan, design and create a small world play area for children aged 3-5 years to develop their skills across the curricula.

Individual task: up to 1 hr 30 minutes.

You are a childcare practitioner who has been given the task of planning a school trip to the local farm. In preparation for this trip, you are required to plan, design and create a small world play area based on the theme 'The Farm'. The activity must develop the children's skills across the curricula. The small world play area is designed for children aged three to five years and you will be able to choose from the resources supplied. You will need to create the small world play area and then verbally summarise and outline to the judges how this small world session is intended to prepare the children for the trip.

Judging will be based upon creativity, age appropriateness, developmental opportunities and links to areas of learning

Infrastructure List

Childcare equipment will be provided and brought to each heat by the competition lead.

Competition Rules

For full terms and conditions of entry and competition rules visit www.inspiringskills.gov.wales/terms-and-conditions

Competition specific rules

- Dress should be professional and adhere to relevant professional standards. Attire must be non-branded (i.e. no college/employer logos visible).
- All activities must be completed by competitors within the allotted time.
- All online registrations must be made between 22nd November and 6th December at www.inspiringskills.gov.wales

Generic competition rules

- Mobile phones are to be switched off during competition activity.
- Listening to music via headphones is not permitted during competition activity.
- Any questions during competition activity should be addressed to the competition judging panel.
- Competitors should not communicate with other competitors during competition activity.
- It is the responsibility of each competitor to arrive on time for each competition session. No additional time will be allowed if you arrive late.
- Technical failure of your equipment should be reported immediately to the judging panel. Additional time will be allocated if the fault is beyond the control of the competitor.

Marking and Assessment

Marking and judging of this competition will be done by a team of experts from Industry, Further Education or Training Provider, using a marking criteria and allocated marks to ensure consistency.

Brief breakdown of marking and assessment.

Activity 1: Bath a baby 20%	Health and Safety
	Engaging with baby
	Carrying out activity
Activity 2: Reading a story 20%	Health and Safety
	Carrying out activity
Activity 3: Plan and create storytelling props 20%	Health and Safety
	Carrying out and suitability of activity
Activity 4: Design and create a small world play area 40%	Health and Safety
	Carrying out activity

Feedback and Recognition

Individual and group verbal feedback will be provided at the end of the competition.

No results or awards will be awarded on the day as marking will be quality assured.

All competitors will be issued with a Participation Certificate and invited to an online Celebration Event which will be held Thursday 9th March 2023, where the First, Second and Third Awards will be announced. Further details will be communicated to competitors and their points of contacts by email.

Marksheets will be made available to competitors after the quality assurance process has been completed.

Competition Lead

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Cystadleuaeth Sgiliau Cymru
Skills Competition Wales

Briff y Gystadleuaeth

Teitl y Gystadleuaeth

Gofal Plant

Trosolwg o'r Gystadleuaeth

Mae cynorthwydd gofal plant fel arfer yn ymwneud â gofal corfforol plant. Gyda babanod, mae hyn yn golygu eu bwydo, eu newid, eu dal a'u cysuro. Ar gyfer plant bach, gall hyn gynnwys eu dysgu i fynd i'r tŷ bach a chynorthwyo gyda hylendid personol, fel golchi dwylo. Maent hefyd yn ymwneud â chefnogi datblygiad cyfannol plant.

Bydd y gystadleuaeth yn cynnwys pedwar gweithgaredd dros 2 awr 50 munud, yn seiliedig ar ddatblygiad plant a dysgu drwy chwarae.

Cynhelir rowndiau rhagbrofol byw mewn sawl lleoliad ledled Cymru.

Meini Prawf Cystadlu

Mae'r gystadleuaeth ar gyfer y rhai sy'n hyfforddi ar gyfer gyrfa mewn Gofal Plant ac yn astudio tuag at gymhwyster Lefel 3.

Sicrhewch fod gan eich ymgeiswyr y sgiliau a'r cymwyseddau i gwblhau'r dasg.

Cyfyngiadau capasiti mynediad fesul sefydliad

Uchafswm o hyd at 2 o bob lleoliad a gellir cofrestru uchafswm o 2 wrth gefn rhag ofn absenoldeb..

Dyma uchafswm nifer y cystadleuwyr a ganiateir o un sefydliad ar gyfer y gystadleuaeth hon. Caiff hyn ei benderfynu ar sail 'lleoliad' a 'sefydliad'. Mae'r 'sefydliad' yn cyfeirio at ddarparwr hyfforddiant/cyflogwr y cystadleuwyr. Mae 'lleoliad' yn cyfeirio at safle ble mae'r cystadleuydd yn astudio / cael ei gyflogi. I gael rhagor o arweiniad ar y capasiti hyn, cliciwch [yma](#)

Briff

Mae'r gystadleuaeth yn cynnwys pedwar gweithgaredd, a dylai fod dimensiwn Cydraddoldeb, Amrywiaeth a'r Iaith Gymraeg drwyddi draw.



Gweithgaredd 1: Rhoi bath i fabi

Tasg unigol: hyd at 30 munud

Rydych wedi dechrau swydd newydd yn gweithio gydag ymwelydd iechyd. Yn dilyn canllawiau'r GIG, dangoswch a hysbyswch riant newydd sut i roi bath i fabi newydd-anedig . Bydd yr holl offer yn cael ei ddarparu ar eich cyfer.

Cewch eich beirniadu yn seiliedig ar y rhyngweithio rhyngoch chi â'r baban, iechyd a diogelwch a gosod a chlirio offer

Gweithgaredd 2: Darllen stori

Tasg unigol: hyd at 20 munud

Gofynnwyd i chi ddarllen llyfr yn ystod amser stori i grŵp bach o blant. Bydd y llyfr yn addas ar gyfer plant 3-5 oed. Bydd disgwyl i chi greu propiau adrodd straeon a dod â nhw gyda chi ar y diwrnod (gweler gweithgaredd 3). Mae gennych ddewis o'r llyfrau canlynol a bydd angen i chi ddewis un o'r canlynol:

'Dyn Ni yn Mynd i Hela Arth' gan Michael Rosen a Helen Oxenbury

'Y Lindysyn Llwglyd Iawn' gan Eric Carle

Bydd y llyfrau ar gael yn Gymraeg ac yn Saesneg

Bydd y beirniadu yn cynnwys eich cyflwyniad a diwedd y llyfr, eich tŷn, cyflymder, y rhyngweithio â'r 'phlant' a chwestiynu yn ogystal â'ch defnydd o'r propiau adrodd straeon rydych chi wedi'u creu. Os nad ydych yn darllen drwy gyfrwng y Gymraeg yna bydd disgwyl i chi ddefnyddio rhywfaint o Gymraeg achlysurol wrth adrodd eich stori.

Gweithgaredd 3: Cwblhewch gynllun gweithgaredd (yn seiliedig ar y propiau adrodd stori a wnaethoch i gefnogi'r llyfr lluniau plant y gwnaethoch ei ddarllen ar gyfer Gweithgaredd 2.

Tasg unigol: hyd at 30 munud (30 munud o gynllunio gweithgaredd)

Rydych yn weithiwr gofal plant sydd wedi cael y dasg o greu amrywiaeth o bropiau i'w defnyddio gyda phlant, 3-5 oed, yn ystod sesiynau adrodd straeon. Thema'r tymor yw llyfr lluniau i blant (y llyfr y byddech wedi'i ddarllen yng weithgaredd 2). Dylai'r propiau helpu i ddatblygu sgiliau llythrennedd neu rifedd y plant a dylid eu cwblhau CYN y digwyddiad gan y bydd angen i chi ddod â nhw gyda chi ar ddiwrnod y gystadleuaeth. **Ar ddiwrnod y gystadleuaeth** bydd angen i chi gefnogi eich dewisiadau o bropiau drwy gwblhau taflen cynllunio gweithgareddau a fydd yn esbonio sut y bydd eich propiau'n cefnogi datblygiad.

Bydd y feirniadaeth yn cynnwys pa mor addas yw'r adnoddau a wnewch, iechyd a diogelwch a'ch cynllunio ar gyfer cysylltiadau datblygu trawsgwricwla â meysydd dysgu o fewn cwricwlwm y Cyfnod Sylfaen

Gweithgaredd 4:Cynllun, dylunio a chreu ardal chwarae byd bach i blant 3-5 oed i ddatblygu eu sgiliau ar draws y cwricwla.

Tasg unigol: hyd at 1 awr a 30 munud.

Rydych yn ymarferydd gofal plant sydd wedi cael y dasg o gynllunio taith ysgol i'r fferm leol. Wrth baratoi ar gyfer y daith hon, mae'n ofynnol i chi gynllunio, dylunio a chreu ardal chwarae byd bach yn seiliedig ar y thema 'Y Fferm'. Rhaid i'r gweithgaredd ddatblygu sgiliau'r plant ar draws y cwricwla. Mae ardal chwarae'r byd bach wedi'i chynllunio ar gyfer plant rhwng tair a phum mlwydd oed a byddwch yn gallu dewis o'r adnoddau a ddarperir. Bydd angen i chi greu ardal chwarae'r byd bach ac yna hafau ar lafar ac amlinellu i'r beirniaid sut y bwriad y sesiwn byd bach hon yw paratoi'r plant ar gyfer y daith.

Rhestr Seilwaith

Bydd offer gofal plant yn cael ei ddarparu ac yn cael eu cludo i bob rhagbrawf gan arweinydd y gystadleuaeth.

Rheolau'r Gystadleuaeth

Am yr holl delerau ac amodau ynghylch ymgeisio a rheolau'r gystadleuaeth ewch i <https://inspiringskills.gov.wales/terms-and-conditions?lang=cy>

Rheolau sy'n benodol i'r gystadleuaeth

- Dylai'r wisg fod yn broffesiynol ac yn cadw at safonau proffesiynol perthnasol. Rhaid i'r wisg fod yn ddi-frand (h.y. dim logos coleg/cyflogwr yn weladwy).
- Rhaid i'r holl weithgareddau gael eu cwblhau gan gystadleuwyr o fewn yr amser penodedig.
- Rhaid gwneud pob cofrestriad ar-lein rhwng 22 Tachwedd a 6 Rhagfyr yn <https://inspiringskills.gov.wales/?lang=cy>

Rheolau cyffredinol y gystadleuaeth

- Bydd ffonau symudol yn cael eu diffodd yn ystod gweithgareddau'r gystadleuaeth.
- Ni chaniateir gwrandio ar gerddoriaeth drwy glustffonau yn ystod gweithgareddau'r gystadleuaeth.
- Dylai unrhyw gwestiynau yn ystod gweithgareddau'r gystadleuaeth gael eu gofyn i banel beirniadu'r gystadleuaeth.
- Ni ddylai cystadleuwyr gyfathrebu â chystadleuwyr eraill yn ystod gweithgareddau'r gystadleuaeth.
- Cyfrifoldeb pob cystadleuydd yw cyrraedd ar amser ar gyfer pob sesiwn cystadlu. Ni chaniateir amser ychwanegol os byddwch yn cyrraedd yn hwyr.
- Dylai rhoi gwybod i'r panel beirniadu am fethiant technegol eich offer ar unwaith. Bydd amser ychwanegol yn cael ei neilltuo os yw'r nam y tu hwnt i reolaeth y cystadleuydd.

Marcio ac Asesu

Bydd tîm o arbenigwyr o'r Diwydiant, Addysg Bellach neu o'r Darparwr Hyfforddiant yn marcio ac yn beirniadu'r gystadleuaeth hon, gan ddefnyddio meini prawf marcio a marciau sydd wedi'u gosod i sicrhau cysondeb.

Dadansoddiad byr o farcio ac asesu.

Gweithgaredd 1: Bathio babi 20%	Iechyd a Diogelwch
	Rhyngweithio â'r babi
	Cyflawni'r weithgaredd
Gweithgaredd 2: Darllen stori 20%	Iechyd a Diogelwch
	Cyflawni'r weithgaredd
Gweithgaredd 3: Cynllunio a chreu propiau adrodd straeon 20%	Iechyd a Diogelwch
	Cyflawni'r weithgaredd a pha mor addas yw hi
Gweithgaredd 4: Dylunio a chreu ardal chwarae byd bach 40%	Iechyd a Diogelwch
	Cyflawni'r weithgaredd a

Adborth a Chydnabyddiaeth

Darperir adborth llafar yn unigol ac mewn grŵp ar ddiwedd y gystadleuaeth.

Ni fydd unrhyw ganlyniadau na gwobrau yn cael eu rhoi ar y diwrnod gan y bydd y marcio'n cynnwys elfen sicrwydd ansawdd.

Bydd pob cystadleuydd yn derbyn Tystysgrif Cyfranogiad ac yn cael eu gwahodd i Ddigiwyddiad Dathlu ar-lein a gynhelir Dydd Iau 9eg Mawrth 2023, lle cyhoeddir pwy ddaeth yn Gyntaf, yn Ail ac yn Drydydd. Bydd manylion pellach yn cael eu rhoi i gystadleuwyr a'u pwyntiau cyswllt dros e-bost.

Bydd taflenni marcio ar gael i gystadleuwyr ar ôl cwblhau'r broses sicrwydd ansawdd.

Arweinydd y Gystadleuaeth

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